



Lindengate
The Old Allotment Site
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Excerpts from the latest Government Guidelines –
<https://www.gov.uk/guidance/new-national-restrictions-from-5-november#stay-at-home>

Staying safe outside the home (Social Distancing)

You should minimise time spent outside your home and when around other people ensure that you are two metres apart from anyone not in your household or support bubble.

Remember - 'Hands. Face. Space':

- hands – wash your hands regularly and for 20 seconds
- face – wear a face covering in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet
- space – stay 2 metres apart from people you do not live with where possible, or 1 metre with extra precautions in place (such as wearing face coverings or increasing ventilation indoors)