



JOB DESCRIPTION

Gardener Session ASSISTANT

Role title: Gardener Session Assistant
Reporting to: Gardener Session Coordinator
Based at: Lindengate site

Hours: Negotiable
Salary: £10.25 per hour

Deadline for Applications: Friday 24 July 2020

Interviews: Week commencing 3 August 2020

Lindengate is a vibrant charity based on a 5-acre site in Wendover, Buckinghamshire. Our service users (who we call Gardeners) will have identified Common Mental Health Disorders (CMD) and may also have autism, brain injury, dementia or learning disabilities. We provide a therapeutic service using nature based activities to facilitate development within the 5 Ways to Wellbeing.

Main purpose of the role

To assist with the running of Lindengate's weekly Gardener sessions. The role involves setting up and leading nature based activities (gardening, art, craft and cooking) This job is mainly outdoors and in outdoor structures. It requires a calm and centered individual who is used to working with people with mental health needs and supporting *their* process of recovery. As you will be overseeing their support through a team of volunteers, understanding of volunteer motivation and guidance is also a necessary part of the job.

Responsibilities

- To lead group Gardener sessions for people with a variety of mental health and additional needs
- To ensure that all Gardeners attending the sessions are focused, engaged and enabled to get the most out of the activities designed to meet their needs
- To complete Gardener session feedback and any other documentation as required

- To report any safeguarding issues or Gardener concerns to the Gardener Session Coordinator and to maintain confidentiality and principles of data protection
- To be part of the Lindengate team and participate in external events and fundraising as may be reasonably required
- To contribute to the evaluation and development of the service
- To attend mandatory and identified training courses

Person Specification

- Health or Social care qualifications and minimum 2 years relevant experience essential
- An understanding of mental health and additional needs essential
- Some awareness and experience of social and therapeutic horticulture is desirable.
- Proven experience of working/running sessions with both small/large groups
- Excellent non-judgemental communication skills
- Strong organisational and time management skills
- Willing and able to work in an outdoor environment all year round
- A good team player

Support Training, where specifically required for the role, will be provided.
Security Employment is subject to a satisfactory enhanced DBS check and references

Email: info@lindengate.org.uk **Telephone:** 01296 622443
www.lindengate.org.uk